

WAKEFIELD GYM CLUB

TUMBLERS



JONNILEE BURNSIDE

I took place in a competition in Birmingham.

First, I stretched so I could be better. Then I started to do my runs whilst I was waiting to actually compete.

Then I started competing against three other people, but first I did two warm-up runs, and in the middle of my run the lights went out. So, we waited half an hour for them to come back on and I did it all again.

We presented to the judges and I did my first run and got 32.240. then I did my second run and got 21.520. Then after that I did my third run and got 18.645. once we had done that we went to the curtains and half an hour later went back out to go on the podium where I came second and received a silver medal.

ELLIE-MÆ HARRISON

Run1= Round off, Whip, Flick, Flick, Back Tuck Total Score = 26.070

Run2= Round off, Flick, Whip, 4 Flicks, Back Pike
Total Score= 24.420

Run3= Round off, Flick, Straight back
Total Score = 27.900

Overall Score 78.390

I have worked hard at practical training sessions with Zoe. I have had to concentrate on my endings to the runs.

I always get nervous before a competition, but my runs went well in practice at Birmingham. Which puts me in a good place for the proper runs in front of the judge's I always like to talk to the other gymnasts at the competition as this helps to stop me getting nervous as well. I feel very proud standing on the podium because it puts Wakefield Gym Club and Yorkshire in the limelight. I am looking forward to representing Yorkshire and my club in Telford. Fingers

Crossed I will win another medal !!