

WAKEFIELD GYM CLUB

TUMBLERS

LLOYD TAYLOR – BRITISH CHAMPION

Firstly, I'm always nervous for competitions as it's a natural feeling. At the Metrodome qualifier I was overwhelmed with my scores and very happy with my runs and the atmosphere. I then knew I needed to train for Birmingham as it was very important to get further in the NDP's. Furthermore, on my way to Birmingham I felt very relaxed but when I went to watch my other teammates in the arena on Saturday, the nerves started to get to me. I finished 4th the next day and was very disappointed with how I performed. Even though I was through to the final, I knew I had to find out where I went wrong. Me and my coach, Zoe Styles, sat down and watched my runs and pointed out the parts that lost me some marks. I missed out on a medal by 0.04 which is not much at all. In the 3week gap I got my head down and worked very hard to achieve my goal of at least getting a medal at the final. Nearer to the competition I started to get very stressed with myself and felt like everything was going wrong. Zoe suggested I stopped and just left it until we got to Telford as I wasn't making it any better. Driving to Telford was very long for me personally. All I was thinking about was if everything went wrong or if I fell on a landing. The day of the competition finally came and I was mentally ready. My parents and I travelled to the arena and when we got there watched my team mates Ellie and Jonni-lee perform to achieve a bronze (Ellie) and a gold (Jonni-lee). After all the presentations, I was in the back gym warming up. I was very nervous however as I got my runs done on the warm up track I made friends and calmed down a lot because of how well my runs were going. We then got into order and marched into the arena. I smiled up towards my parents and friends as they supported me all the way through the competition. My heart was racing with excitement and it was competition time. I presented to the judge with a big smile as I always do and when I landed I didn't think I did good because of my landing. However, I got told I was in 1st after that run which boosted my ability and confidence. My run 2 i was very proud of because of my speed and my stuck landing. After these runs I was very calm because I knew run 3 was a walk in the park. I made sure I smiled extra this time because I was so happy how the competition went. Then I got the news. I got 1st I was so happy I couldn't believe it! As soon as we marched out I got my stuff on and ran straight to my parents. All our eyes started to fill with tears of joy and I thought I was in a dream. All the other coaches said it was well deserved and when I got onto the podium and was awarded my gold medal and the title of national 5 13 -1 4 Boys British Champion 2017 i couldn't even express anything. After lots of photos and hugs we set off home and all of us just sat in shock at what I had just achieved.



TUM Level 5 - Men 13-14 Yrs		
	TAYLOR Lloyd Wakefield Gym Club	79.500  1
	WHEELER Max Newton Abbot Somersaults	78.700  2
	BENNISON Isaac Stainsby School of Gymnastics	78.200  3
	FLANN Alexander Pinewood Gymnastics Club Ltd	75.700 4
	TANG Michael Cardiff Central Youth Club	75.600 5